

	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carts (g)	Dietary Fiber (g)	Protein (g)
EXTRAS										
Steak	Half	147	70	7	3	44	48	1	0	20
	Large	294	140	14	6	89	96	2	0	40
Chicken	Half	87	12	2	0	44	446	0	0	18
	Large	174	24	4	1	88	892	0	0	36
10" Amoroso Roll	10"	250	25	3	0.5	0	440	47	3	8
5" Amoroso Roll	5"	125	12.5	1.5	.25	0	220	23.5	1.5	4
American Cheese	Half	227	126	15	10	50	1058	4	0	10
	Large	340	189	23	15	76	1588	6	0	15
Provolone	Half	100	70	8	6	20	240	<1	0	7
	Large	200	140	16	11	40	480	<1	0	14
Bacon	Half (1)	80	60	7	3	20	220	0	0	3
	Large (2)	160	120	14	5	40	440	0	0	6
Mushroom	Half	130	112	12	5	2	474	0	0	6
	Large	260	224	24	9	4	948	0	0	11
Pepperoni	Half	10	0	0	0	0	43	1	0	1
	Large	20	0	0	0	0	85	2	1	1
Garlic	Half	35	0	0	0	0	0	7	0	0
	Large	70	0	0	0	0	0	14	0	0
Lettuce	Half	1	0	0	0	0	0	0	0	0
	Large	1	0	0	0	0	1	0	0	0
Tomatoes	Half	12	0	0	0	0	4	2	1	0
	Large	24	0	1	0	0	8	4	1	0
Spinach	1.5oz	15	0	0	0	0	64	2	1	1
	3oz	30	0	0	0	0	128	3	1	2
Sweet Peppers	Half	20	0	0	0	0	75	5	0	0
	Large	30	0	0	0	0	113	8	0	0
Hot Peppers	Half	10	0	0	0	0	310	2	0	0
	Large	15	0	0	0	0	465	3	0	0
Creamy Italian Dressing	4oz	408	336	36	6	0	969	22	0	0
Lite Italian Dressing	4oz	60	0	0	0	0	2040	12	0	0
Ranch Dressing	2oz	200	200	22	3	30	500	2	0	0
	4oz	400	400	44	6	40	1000	4	0	0
BBQ Sauce	1oz	53	0	0	0	0	392	8	0	0
	2oz	106	0	0	0	0	784	16	0	0
Pizza Sauce	1oz	15	5	1	0	0	84	3	1	1
	2oz	30	9	1	0	0	168	6	2	2
Cheese Sauce	2oz	72	40	4.5	1.5	4.5	351	6.5	0	1
	4oz	144	80	9	3	9	702	13	0	2

2,000 calories a day is used for general nutrition advice, but calorie needs vary.



LOCATIONS

ALAMEDA 2671 Blanding Ave 510.522.5555	MILPITAS 136 N Milpitas Blvd 408.935.3161	SAN FRANCISCO 1716 Divisadero St 415.346.3712
BERKELEY 2025 Kala Bagai Way	OAKLAND 3308 Lakeshore Ave 510.832.6717	SAN JOSE 5524 Monterey Rd 408.972.0271
BRENTWOOD 5611 Lone Tree Way 925.390.5602	PACIFICA 745 Hickey Blvd., Ste 11 650.735.5577	SAN RAMON 3110 Crow Canyon Pl 925.242.1112
CASTRO VALLEY 3422 Village Dr 510.581.6793	PETALUMA 401 Kenilworth Dr 707.763.4900	SUISUN CITY 284 Sunset Ave 707.437.3020
CHICO 995 Nord Ave 530.345.2565	PINOLE 1394 Fitzgerald Dr 510.223.7232	SUNNYVALE 832 W El Camino Real 408.530.8159
CONCORD 3478 Clayton Rd 925.687.6116	PITTSBURG 4581 Century Blvd 925.706.0625	UNION CITY 1798 Whipple Rd 510.431.3878
HAYWARD 19631 Hesperian Blvd 510.786.9124	PLEASANT HILL 2380 Monument Blvd 925.338.2640	VALLEJO 764 Admiral Callaghan Ln 707.552.5500
LARKSPUR 596 Magnolia Ave 415.924.9000	PLEASANTON 4825 Hopyard Rd 925.734.0293	WALNUT CREEK 1626 Cypress St 925.934.7017
LIVERMORE 2150 Portola Ave 925.960.9338	ROSEVILLE 1563 Eureka Rd 916.780.5500	

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OPEN 7 DAYS A WEEK
Dine-In or Take-Out



NUTRITION INFORMATION

OUR PRIMARY FOOD INGREDIENTS:

Beef, Chicken, Cheese, Bread and Oils do not Contain Peanut Products

CAUTION: MAY BE HABIT FORMING!®

	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
STEAK SANDWICHESAll sandwich calories include bread and standard condiments (i.e. onions, hot/sweet peppers).										
Classic Cheese Steak	Half	539	209	24	13	95	1519	31	2	34
	Large	944	354	40	22	164	2412	58	4	63
	King	1318	550	62	35	259	3518	60	4	93
The Hoagie	Half	745	402	46	17	106	1717	33	3	34
	Large	1356	741	84	28	186	2808	63	5	63
	King	1730	937	106	41	281	3915	64	5	93
Pizza Steak	Half	557	269	29	13	66	1258	31	3	38
	Large	1094	538	58	27	133	2420	64	6	75
	King	1341	678	73	35	197	2708	66	6	102
Motown Philly	Half	541	209	24	13	95	1519	28	2	34
	Large	949	354	40	22	164	2412	59	4	64
	King	1323	550	62	35	259	3518	60	4	93
Chillin' Chili	Half	539	209	24	13	95	1624	28	2	34
	Large	944	354	40	22	164	2622	58	4	63
	King	1318	550	62	35	259	3728	60	4	93
Pat's BBQ	Half	444	153	17	9	64	1092	36	2	31
	Large	868	305	33	18	129	2088	74	4	62
	King	1115	445	48	26	193	2376	76	4	89
The Gilroy	Half	574	209	24	13	95	1519	35	2	34
	Large	1014	354	40	15	164	2412	72	4	63
	King	1388	550	62	35	259	3518	74	4	93
Philly Joe's	Half	556	209	24	13	95	1583	30	3	35
	Large	979	354	40	15	164	2540	62	5	66
	King	1359	550	62	35	259	3646	63	5	95
Sizzlin' Pig	Half	619	269	31	16	115	1739	28	2	37
	Large	1104	474	54	20	204	2852	58	4	69
	King	1478	670	76	40	299	3958	60	4	99
Western	Half	582	238	26	12	84	1406	43	2	35
	Large	1114	463	51	23	169	2669	85	4	69
	King	1361	603	66	32	233	2957	86	4	96
South Philly	Half	430	157	17	9	64	784	31	3	32
	Large	839	314	34	18	129	1472	65	6	64
	King	1086	454	49	26	193	1760	66	6	91

	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
CHICKEN SANDWICHESAll sandwich calories include bread and standard condiments (i.e. onions, hot/sweet peppers).										
Classic Cheese Steak	Half	479	150	19	11	95	1917	30	2	32
	Large	825	238	30	16	164	3208	56	4	59
	King	1139	376	47	27	258	4713	56	4	87
The Hoagie	Half	528	158	20	11	95	1926	38	3	33
	Large	1237	625	74	23	186	3604	60	5	59
	King	1551	763	91	33	280	5109	60	5	87
Pizza Steak	Half	497	211	24	11	66	1656	30	3	36
	Large	974	422	48	22	132	3217	62	6	71
	King	1162	504	58	28	196	3902	62	6	96
Motown Philly	Half	482	150	19	11	95	1917	27	2	33
	Large	830	238	30	16	164	3208	57	4	60
	King	1144	376	47	27	258	4713	57	4	88
Chillin' Chili	Half	479	150	19	11	95	2022	27	2	32
	Large	825	238	30	16	164	3418	56	4	59
	King	1139	376	47	27	258	4923	56	4	87
Pat's BBQ	Half	384	94	12	6	64	1490	35	2	29
	Large	748	189	23	12	128	2885	72	4	58
	King	936	271	33	18	192	3571	72	4	83
The Gilroy	Half	514	150	19	11	95	1917	34	2	32
	Large	895	238	30	16	164	3208	70	4	59
	King	1209	376	47	27	258	4713	70	4	87
Philly Joe's	Half	497	150	19	11	95	1981	29	3	34
	Large	860	238	30	16	164	3336	60	5	62
	King	1174	376	47	27	258	4840	60	5	90
Sizzlin' Pig	Half	559	210	26	13	115	2137	27	2	35
	Large	985	358	44	21	204	3648	56	4	65
	King	1299	496	61	32	298	5153	56	4	93
Western	Half	522	180	22	9	84	1804	42	2	33
	Large	995	347	42	18	168	3465	83	4	65
	King	1182	429	52	24	232	4151	83	4	90
South Philly	Half	370	99	12	6	64	1182	30	3	30
	Large	719	198	24	12	128	2267	63	6	61
	King	907	280	34	18	192	2955	63	6	86

	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
VEGETARIAN SANDWICHESAll sandwich calories include bread and standard condiments (i.e. onions, hot/sweet peppers).										
Original Veggie	Half	635	332	39	14	61	1797	35	4	17
	Large	1122	412	70	22	97	1316	72	7	28
Zesty Veggie	Half	444	13	17	10	50	1685	43	3	15
	Large	754	25	27	16	76	2639	81	5	24
KIDS MEALS										
Chicken Tenders		350	163	18	3	125	875	21	1	26
Grilled Cheese		352	139	17	10	50	1278	24	2	14
SALADSSalad calories do not include 4oz dressing.										
Side		37	0	0	0	0	195	6	1	0
Garden		80	0	1	0	0	391	14	2	1
Philly Steak		598	266	30	16	139	1545	20	2	50
Philly Chicken		478	150	20	11	139	2341	18	2	46
Philly Side Salad Steak		299	133	15	8	69.5	772.5	10	1	25
Philly Side Salad Chicken		239	75	10	5.5	69.5	1170.5	9	1	23
SIDES										
Steak Fries	Reg	363	80	8	0	0	172	64	4	7
	Large	509	112	12	0	0	304	90	6	10
Curly Fries	Reg	360	160	18	5	0	941	45	5	5
	Large	495	220	25	6	0	1294	62	6	6
Onion Rings	Reg	403	176	20	3	0	655	50	2	5
	Large	576	252	29	4	0	936	72	3	7
Philly Cheese Fries (Steak)	Large	868	272	28	7	81	696	103	5	45
Philly Cheese Fries (Chicken)	Large	765	172	20	2	80	1378	101	5	41
Sweet Potato Fries	Reg	430	150	17	3	0	560	63	10	3
	Large	602	210	23	5	0	784	88	14	5
House Made Chips	Reg	387	207	24	3	0	1530	45	3	3
	Large	559	299	35	4	0	2210	65	4	4
Chicken Tenders	Reg	350	163	18	3	125	875	21	1	26
	Large	560	260	28	5	200	1400	34	2	42

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